



STEPPS Group

DAY: Wednesdays

TIME 1:00 to 3:00 pm

LOCATION:

**1619 S. High Ave, Ames,
Iowa**

STEPPS Group

is a 24 week therapeutic program designed to work with persons aged 18 and older experiencing Border-line Personality Disorder symptoms

To RSVP

Contact Community and Family Resources at 515-232-3206 to schedule an appointment



COMMUNITY & FAMILY
RESOURCES

Inspiring prevention, treatment and recovery